

Rules Of Engagement:

- Please mute your mic when not talking
- No advice given to the speaker unless solicited
- Please be on time
- Focus on the meeting itself
- Please don't discuss other men's stories, gossip - remember commitment to privacy.
- Don't call a man out - calling a man out could trigger old wounds be respectful, empathetic and understanding. We are all coming from a different story, understanding is important. Think about what is might be to go through what he is going through.